



The Alex House Project

Before and After AHP – Wow!

GRACE

Before: Grace was struggling to get her diploma.

After: She received her diploma in 2017.

So what? *"Being around other moms my age showed me that if I put my mind to something and stuck with it I could achieve anything."*

Before: Matthew was unemployed, looking for work.

After: When he completed the Dads program, he became a Parent Educator facilitator. After being on staff with AHP he became a teaching assistant at a school in Staten Island.

So what? *"AHP offered guidance to pursue my dream of working in a school. With their encouragement I submitted my resume for my current position."*

KATIE

Before: Katie was a pregnant teen, unemployed, with no diploma and no sense of future.

After: She completed nursing school and is preparing to study for her RN. Her relationship with her mother improved tremendously. Her daughter also loved attending AHP and became significantly more social.

So what? *"Just when you think you're about to drown, the staff at AHP is there to lift you up and show you how you can lift yourself. They gave me tools to dream big and taught me that it's better to fail than never to try."*

MATTHEW

IMANI

Before: Imani was unemployed with no idea about her future.

After: She decided to pursue her GED and found a job.

So what? *"AHP gave me the courage to go forth and pursue the GED. I am now working as a UPS driver assistant."*

AALIYAH

Before: Aaliyah and her two daughters were in the foster care system. She was unemployed and didn't have a HS diploma.

After: She has her own apartment and is working toward her diploma. AHP provided her first job.

So what? *"AHP helped with all the paperwork for my apartment, as I did not know what I needed to do. They gave me the confidence to live on my own."*

ASIA

Before: Asia was an unemployed, married mother of three children. Her self-esteem was very low and she had no confidence in herself or her abilities.

After: She has confidence in her abilities as a parent and in her chances of gaining substantial employment.

So what? *"I feel more empowered in various areas of my life. I have more control in my household and I have learned how to discipline my children in a positive manner where, instead of punishing them, they are learning a lesson about why their behavior was inappropriate. I have been provided with the tools to help me enter into a career I have always dreamed about."*

Before: Shanice wanted to go to college but didn't think it was possible.

After: She is in her second year of college and currently works full time at an apartment management office.

So what? "AHP gave me the support and confidence to apply to college. I don't think I would have applied if not for being at AHP."

SHANICE

Before: Nia did not have custody of her children.

After: She is in the process of gaining custody of one of her children.

So what? "Taking the parenting class has helped me gain confidence in my parenting skills and now I feel ready to take care of my children properly."

NIA

BEATRICE

Before: Beatrice was unemployed not very sociable.

After: She became more sociable and secured a job.

So what? "Attending the AHP program allowed me to meet other mothers from my neighborhood. We created great friendships and strong bonds which lasted even after the classes ended."

Before: Alexis was judgmental and did not show empathy for others.

After: She learned that feeling for others doesn't take away from what she is going through.

So what? "I have learned to be more accepting of others. There are people out there willing to help. AHP helped me gain employment by being able to speak more honestly and openly."

ALEXUS

LAKESHA

Before: Life for Lakesha was uncertain. She had an ACS case against her and feared losing custody of her daughter.

After: She was able to go to court and show that she is working hard to be a better parent.

So what? "AHP assisted me in proving to the court that I was a good parent and that I was working on the issues they felt I had caring for my daughter. I also received support from AHP in transferring from Red Hook projects to a project in Queens which would have me closer to my family."

Before: Tierra was unemployed and had no idea what her next steps in life would be.

After: She enrolled in HSE class and was able to get a job as a Matron on the school bus.

So what? "AHP not only gave me the courage and confidence to enroll into HSE; they also helped me financially with fees to pay for my fingerprints and with other paperwork needed for the matron position."

TIERRA

MALIK

Before: Malik was seasonally employed and was not a confident father.

After: He is employed full-time and has started spending more time with his girlfriend and their daughters.

So what? "Being in the Dad's group helped me mature and become the father that I thought I was when I actually wasn't. I now know that spending time with my children is more important than buying them a new pair of sneakers."